Angeli Varvara holds a Master of Arts in Education and the title of Preschool Teacher. She graduated from the Department of Preschool Education of the Technological Educational Institute of Athens (TEI). She has eighteen years of experience as a Preschool Teacher in Kindergartens of public and private education. In 2006 she appointed to the Secondary Education through ASEP as PE1833 Preschool Educator.

Since 1994, she is teaching in the Department of Preschool Education of the Technological Educational Institute of Athens (TEI), as a Laboratory Associate. In 2013 she was elected as a Professor of Applications in the Department of Preschool Education of the Technological Educational Institute of Athens

In 2018 she was became an Application Lecturer at the University of West Attica in the Department of Education and Early Childhood Care and she teaches courses related to babies, infants and young children education and care.

She participates in scientific conferences with presentations and published papers in Conferences and Scientific Journals.

- Presentation on the PanHellenic Conference with International Participation: "Reflections childhood", Roufidou E, Zakopoulou A, Angeli V.(2014). "Dual relations in the collective structure of the kindergarten: the phenomenon of the «caressed child»
- Presentation on the 9th PanHellenic Conference: "Greek Pedagogical and Educational Research", Angeli V., Zakopoulou A., Roufidou E. (2014)."Issues about discipline in young children one to three years old: the chair of thought"
- Presentation at the International Conference on Preschool Education 2018 of PASYBN, Angeli V. "Issues of everyday life of young children under Neuroscience",
- Journal Early Child Development and Care, Katsiada E., Roufidou I., Wainwrigh J., Angeli V.(2018) Young children's agency: exploring children's interactions with practitioners and ancillary staff members in Greek early childhood education and care settings.

RESEARCH INTERESTS: Education and care of infants and young children. Appropriate developmentally practice for babies and infants. Early childhood environments. Neuroscience in early childhood education .